

## Participants Agreement for workshops led by Regina Sewell, PhD, LMHC, PAT, and/or Jennifer Salimbene, LCSW-R, CASAC, TEP:

**Overview:** This Agreement outlines the expectations for participants in workshops led by Regina Sewell, PhD, LMHC, PAT and Jennifer Salimbene, LCSW-R, CASAC, TEP. Participants are expected to read and agree to this document before registering for workshops. If you have any uncertainties or concerns with information in this document, please contact us at [Regsewell@yahoo.com](mailto:Regsewell@yahoo.com). These workshops will include some didactic teaching segments, experiential/sociometric warm-ups, role-playing components, and personal sharing. If you are seeking a workshop that is entirely didactic (lecture/PowerPoint), these are probably not the best workshops for you.

**Agreement to Group Guidelines:** Participants agree to abide by expectations and group guidelines of this workshop, which include:

- Preserving the privacy and confidentiality of other group members' disclosures
- Respecting time boundaries by arriving on time and attending the full session (unless coordinated with trainer previously or due to emergency)
- Maintaining respect for all participants of the training, regardless of identity

### Informed Consent Agreement

- I understand that I am choosing to participate in an experiential workshop that may include may bring up uncomfortable feelings.
- I understand that while the leader(s) will do their best to monitor the physical/emotional state of participants, it is ultimately my responsibility to take care of myself

**Waiver:** I recognize that experiential therapies are powerful methods which may provoke intense emotions and may involve physical movement. I hereby waive any responsibility of the workshop trainer/organizers, Jennifer Salimbene and/or Regina Sewell for any possible emotional or physical injury I might sustain due to my participation in the workshop.

### COVID 19 Waiver:

**Covid-19 Waiver:** I am voluntarily participating in an in-person event that may increase risk of exposure to Covid-19. I agree that:

- I understand the contagious nature of Covid-19 and the risks involved with attending an in-person event
- If I find that I am experiencing any symptoms of Covid-19 or have tested positive for Covid-19 within 2 days of the beginning of the workshop I will contact the leader(s) at [regsewell@yahoo.com](mailto:regsewell@yahoo.com) .

- If I were to begin to experience symptoms of Covid-19, I will take any/all necessary precautions – including withdrawing from the workshop - to mitigate risk of exposure to other participants.

**MASKS:** Participants may choose to wear masks but it is not required unless the participant:

- is showing signs of an upper respiratory infection such as sneezing, coughing, runny nose or sore throat.
- has been exposed in the last ten days to anyone who has or likely to have Covid.
- Tested positive less than ten days before the start of any workshop.

If you test positive for Covid or have been exposed to it within five days of the beginning of the workshop, we will give you a full refund minus Paypal service fee.

### Refund Policy for Workshops

3 weeks or more notice: Full refund minus PayPal service fee.

2 weeks notice: 50% credit minus Paypal Service fee.

If we cancel due to Covid 19, your payment will be refunded minus PayPal fees

### Financial Aid

Limited financial aid may be available for full-time students. Please submit your request by email to [Regsewell@yahoo.com](mailto:Regsewell@yahoo.com).

### Accommodations

Our building is accessible. If you require further accommodations, please contact us at [Regsewell@yahoo.com](mailto:Regsewell@yahoo.com).

### Cancellations

Workshops will only be cancelled due to medical or other unforeseen emergency situations or lack of enrollment. Every effort is made to ensure that trainings proceed as scheduled. Should a cancellation become necessary registrants will be contacted.